



# Wilderness Adventure Training

The W.A.T Project is a partnership approach to supporting Harrow's young people through the opportunity of learning new skills and spending time in the 'Great Outdoors'. The partnership includes Harrow Council, The Families First Project, Metropolitan Police Service and Harrow Volunteer Police Cadets.

Young People are taught important basic and fundamental wilderness skills that are the foundations of being competent and safe in remote areas. These include:

- Fire-craft
- Shelter building
- Water purification
- Backwoods hygiene
- Correct & safe use of cutting tools
- The identification of natural resources

These skills naturally lend themselves to everyday life promoting self-sufficiency, achievement, self-development and leadership.

Other activities include assault courses, survival scenarios, search and rescue, escape and evasion and command tasks.

Workshops and camps range from 1 day non-residential to 5 day residential camps at both local and non-local outdoor activity centres.

Accreditation available: Level 2 Intermediate Bushcraft Award.